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| <b>Policy Number &amp; Title:</b><br><br><b>UM55 Remote Physiologic Monitoring (RPM)</b> |  |                          |

Regions:  Texas     Florida     Indiana     New Jersey     New Mexico

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| <b>Impacted Areas:</b><br><input checked="" type="checkbox"/> Network Management/Provider Services <input checked="" type="checkbox"/> Utilization Management<br><input type="checkbox"/> Member services <input type="checkbox"/> Case management<br><input type="checkbox"/> Quality Management <input type="checkbox"/> Disease management<br><input type="checkbox"/> Credentialing <input checked="" type="checkbox"/> Claims<br><input type="checkbox"/> IT <input type="checkbox"/> Human resources<br><input type="checkbox"/> Administration <input type="checkbox"/> Finance<br><input type="checkbox"/> Compliance/delegation <input type="checkbox"/> Pharmacy<br><input type="checkbox"/> ALL |  |
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| <b>Approved by:</b><br>Vincent F. Huerta, Jr., MD, CHCQM<br>Senior Medical Director | <i>Signature of Approver</i> | <b>Date: 02/23/2024</b> |
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| <b>Reviewed by:</b><br>Megan Lenhart Ortiz, MD<br>Medical Director, Utilization Management | <i>Signature of Reviewer</i> | <b>Date: 02/23/2024</b> |
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**Disclaimer:**  
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## WellMed Coverage Determination Policy

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**Title: Coverage Determination Policy for Remote Physiologic Monitoring**

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## Coverage Determination:

### Coverage Determination (Initial/New Requests)

Initial coverage for remote physiologic monitoring (RPM) set up may be approved if all of the following criteria are met:

- i. Provider must have reviewed member's medical information and completed an appropriate physical exam prior to ordering remote physiologic monitoring (RPM)
- ii. Data collected must be reasonable and medically necessary in the diagnosis and treatment of patient's medical condition
- iii. Plan must include data collection for at least 16 out of 30 days
- iv. Includes any and all devices that might be used in RPM. (I.E. cannot be billed separately for different devices used in the same 30 day period)
- v. Information collected must be digitally recorded and cannot be self-recorded or reported
- vi. Can only be billed for once in a particular episode of care. Episode of care begins with the initiation of the service and ends once treatment goals have been reached

### Coverage Determination (Renewal/Continuation of Therapy Requests)

Continued coverage for remote physiologic monitoring (RPM) may be approved when the following criteria are met:

- i. Data collected must be reasonable and medically necessary in the diagnosis and treatment of patient's medical condition
- ii. Data collected must be used to develop and/or periodically review a plan of care.
- iii. Plan must include data collection for at least 16 days out of 30 days
- iv. Includes any and all devices that might be used in RPM. (I.E. cannot be billed separately for different devices used in the same 30 day period)
- v. Information collected must be digitally recorded and cannot be self-recorded or reported

## General Background:

Remote physiologic monitoring (RPM) describes monitoring and analysis of physiologic factors used in understanding a patient's overall health. RPM involves the use of digital technologies to collect and analyze information regarding the physical or behavioral functioning of an individual. Data points could include electrocardiograms, blood pressure, oxygen saturation, vital signs and weight using digital technology. In gathering this information, medical providers are able to monitor patient's conditions between visits and improve health care quality and outcomes. In 2019, Center for Medicare and Medicaid Services (CMS) launched a program that allows for reimbursement for using this technology to monitor patients.

## HCPCS Code:

### **CPT code 99453:** Initial Set-Up and Monitoring

Remote monitoring of physiologic parameter(s) (e.g., weight, blood pressure, pulse oximetry, respiratory flow rate), initial; set-up and patient education on use of equipment) is valued to reflect clinical staff time that includes instructing a patient and/or caregiver about using one or more medical devices.

### **CPT code 99454:** Continued Monitoring Over 16-days

Remote monitoring of physiologic parameter(s) (e.g., weight, blood pressure, pulse oximetry, respiratory flow rate), initial; device(s) supply with daily recording(s) or programmed alert(s) transmission, each 30 days) is valued to include the medical device or devices supplied to the patient and the programming of the medical device for repeated monitoring.

### **CPT code 99091:** Collecting and Analyzing Physiologic Data

Collection and interpretation of physiologic data (e.g., ECG, blood pressure, glucose monitoring) digitally stored and/or transmitted by the patient and/or caregiver to the physician or other qualified health care professional, qualified by education, training, licensure/regulation (when applicable) requiring a minimum of 30 minutes of time, each 30 day

### **CPT code 99457:** Management Services for Initial 20 Minutes

Remote physiologic monitoring treatment management services, clinical staff/physician/other qualified healthcare professional time in a calendar month requiring interactive communication with the patient/caregiver during the month; first 20 minutes) and its add-on code;

### **CPT code 99458:** Management Services for each Additional 20 Minutes

Remote physiologic monitoring treatment management services, clinical staff/physician/other qualified health care professional time in a calendar month requiring interactive communication with the patient/ caregiver during the month; each additional 20 minutes (list separately in addition to code for primary procedure)

## Acronyms:

RPM – remote physiologic monitoring

## References:

85 Final Rule 84472; Section E: Care Management Services and Remote Physiologic Monitoring Services

AAMC Regulatory Resource 2021 Medicare Coverage of Remote Physiologic Monitoring (RPM) CPT Codes: 99453, 99454, 99457, 99458, 99091

Centers of Medicare and Medicaid Services Newsroom Fact-sheets, Final Policy Payment and Quality Provisions Changes Medicare Physician Fee Schedule Calendar Year 2021, published Dec. 2020

**Policy History/Revision Information:**

| <b>Date Revised</b> | <b>Type of Changes (Significant or Minor)</b> | <b>List Significant Changes and/or Status of policy</b> |
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